

Here is a list of the most relevant followers that I thought could be useful in partnering with on social media. I would simply contact their social media manager, or whoever posts on their feed, and ask them if we can share on their page, or if they would share what we send them. This just extends our reach to their followers, as well as our own.

#### Over 100k followers

Addicted2Success - A success and motivational website with a focus on addiction.

Timetochange - Discusses changing the way mental health is viewed.

MentalHealth - Mental Health Foundation

#### Over 10k followers

SocialInDenver - A website talking about activity in Denver.

Pullentherapy - A site that uses talk therapy for those with mental health issues.

MotivationTatts - Self Care Creations for mental health awareness.

COSenDem - CO State Senate Democrats.

SocialInDenver - Similar to SocialInDenver.

Time4Recovery - Improve the lives with 1st stage psychosis.

RiseaboveCO - Empowering youth to live life free of drug misuse and addiction.

Bipolar Blogs - A blog for stories and news of those with Bipolar traits.

Mhmatters - A website for information and research into mental health.

#### Over 1K followers

CDPHE - Colorado Department of Public Health and Environment.

Project Voices - Suicide prevention and Mental Health Advocacy.

Anxietyaches - Information and stories for mental health.

ColoradoSPH - School of Public Health

CO Womens Chamber - Women's Chamber of Commerce.

Transform Youth Recover - Talking about youth addiction.

Dr. Gail Gross - A human behaviour expert

Livewell Longmont - Healthy lifestyle in Longmont.

One\_Colorado - Advancing LGBTQ in CO

VOA Colorado

CO Coalition - Colorado Coalition for the Homeless

ColoPublicTV - PBS

MiCasaDenver

COMentalHealth - Advocates for Mental Health

CO\_CDHS

Allevin18 - Peer coach

Uchmedia - University of CO Hospital

COJuvieDefender - CO Juvenile defender center for advocacy and justice.